

The Blue Barbakan

GLUTEN FREE

STARTERS

WILD MUSHROOM SOUP	6.50	FRESH SCOTTISH MUSSELS	9.50
		<i>Cooked with white wine, cream & garlic OR white wine, tomato, garlic & chilli sauce. AVAILABLE AS A MAIN COURSE £17.95</i>	
TOMATO & BASIL SOUP	6.50		
OSCYPEK (V)	7.50	PRZEGRZEBKI	9.50
<i>Grilled smoked cheese made from salted sheep's milk exclusively in the Tatra mountains. Served with cranberry jam.</i>		<i>Pan-fried King Scallops wrapped in pancetta. Served with cider reduction and parsnip crisps. AVAILABLE AS A MAIN COURSE £20.00</i>	

MAIN COURSES

COD LOIN	16.95
<i>Oven baked in a bag with buckwheat & mushrooms. Served with roast potatoes and salad.</i>	
LAMB SHANK	18.50
<i>Slow cooked juicy shank served with mashed potato, juniper sauce and cucumber & mint raita.</i>	
BEEF CHEEK	18.50
<i>Meltingly tender & soft braised cheek, smooth plum gravy, mashed potato & mixed vegetables.</i>	
GOŁĄBKI	16.50
<i>Oven baked cabbage leaves stuffed with spiced minced pork and rice OR with buckwheat & oyster mushrooms. All served with tomato sauce.</i>	
SZASZŁYK	16.50
<i>Skewers of marinated chicken, red peppers, courgettes, mushrooms and red onion. Served with roasted potatoes & mixed salad.</i>	
SCHAB Z MORELĄ	17.50
<i>Pork loin marinated with marjoram and garlic, Slowly oven cooked. Served with apricot and shallot gravy, horseradish mashed potatoes and braised red cabbage.</i>	
RABBIT LEG	19.50
<i>Pancetta wrapped rabbit leg, butternut squash, braised red cabbage & roasted potatoes.</i>	

DESSERTS

HAZELNUT AND BLUEBERRIES CAKE <i>contains nuts</i>	5.50
CHOCOLATE ORANGE CAKE <i>contains nuts</i>	5.50

